



Update

The latest news for our staff

Welcome

Erewash has been chosen as one of a number of places across the country looking at new ways of improving people's health and wellbeing. This followed the publication of the Five Year Forward View which gave a clear message that the NHS needs to adapt and evolve to meet the challenges that it now faces.

Wellbeing Erewash, the MCP 'vanguard' in Derbyshire, is a partnership between Erewash CCG, Derbyshire Community Health Services, Derbyshire Health United, Derbyshire Healthcare Foundation Trust and Erewash Health. We also work closely with the voluntary and social care sector.

Wellbeing Erewash is a new approach to health and social care. Our definition of wellbeing is feeling as well as you can be, physically and mentally, with the confidence and support you need to choose a healthy lifestyle and to get help when you need it.

This monthly update aims to keep you in touch with developments and your organisation's involvement in them.

Three themes

Nationally people are living longer with more complex health issues, this is no different in Erewash. To really meet these challenges we must look beyond the short term and work together across health and care organisations to make the changes needed.

Our new model of care is called a Multi-speciality Community Provider (MCP) and to tackle these problems locally we have focused on the following areas:

- 1 **Personal Resilience**
- how I keep myself well
- 2 **Community Resilience**
- how we keep each other well
- 3 **Integrated Primary and Community Services**

These themes are interlinked. Resilient people help to develop resilient communities, and this resilience is also supported by integrated care when you do need support.



What have we done so far?

A wide range of projects and new services are underway as part of Wellbeing Erewash. Here are a few examples.

Community GP

Our Community GP has a focus on developing new ways of working with community team. The aim is to enhance the quality of care provided, reduce inappropriate hospital admissions and contacts with surgeries for requests of advice or home visits. The role also has a focus on care home residents and the frail elderly at home. The Community GP is able to give advice or undertake same day visits in support of teams in the community.

SWIPE

Roll out of SWIPE modelling (Strategic Workforce Integrated Planning and Evaluation), to understand current workforce and future needs. Frailty pathways and children's services have been completed to date.

Quality For Health

Quality For Health is an innovative quality assurance system for the voluntary and community sector, developed by Voluntary Action Calderdale. The system measures outcomes-based evidence across three levels and is a vital tool in supporting voluntary groups to deliver local health services for local communities. It has been adopted by Wellbeing Erewash and 13 organisations have now been through the process, finding it very positive.

Erewash Time Bank

We are developing the Erewash Time Bank as part of the Derbyshire Time Swap project. We have recruited a Time Bank Broker for Erewash to develop this further over the next two years. Time Banks allow people to offer their

time and skills – eg. building fences, doing the garden – and receiving time back from other people with different skills – eg. using the internet – in return.

Primary Care Hubs

Our Primary Care Hubs - one in Ilkeston and one in Long Eaton - have enabled GP surgeries to offer additional appointments when busy or closed, seven days a week. They provide 15 minute appointments with an Advanced Nurse Practitioner. Between November 2014 and November 2015, 5,760 patients were seen in these hubs.

On Day Service

We are also piloting an On Day Service in some practices in Long Eaton. Patients who call their GP for an appointment that day may be directed to



the On Day Service where they may see a GP or an Advanced Nurse Practitioner as appropriate.

This will increase on the day access for patients and free up GP time to see patients with a Long Term Condition or ongoing need. This means that patients who need to see a GP will be seen by a GP on the same day, and patients who don't need to see a GP are given an appointment with the appropriate person on the same day.

The On Day Service is available 8:00am - 6.30pm Monday to Friday excluding Bank Holidays. Patients just call their normal GP number. We also aim to roll this service out to the rest of Erewash.

In the first 4 weeks the service has seen just under 1300 people. The pilot is due to roll out in Ilkeston in the new year..

Home Visiting Service

Our Home Visiting Service means that patients are seen earlier in the day, start their treatment sooner and may avoid going into hospital where not needed. The patient will receive a same-day acute visit by an advanced nurse practitioner who can treat and diagnose. This benefits patients by reducing A&E attendances and avoidable admissions, and reduces pressure on primary care. ANPs are also able to prescribe medication meaning patients

get the treatment they need much earlier than they might otherwise.

MCP Clinical Pharmacist

The role of the MCP Clinical Pharmacist has been a new and innovative one that has been pushing the boundaries of the traditional pharmacist role. The work involves direct patient contact either in face to face consultations within the GP surgery or offering advice over the phone. This might also include minor ailments clinics, medication review clinics for people with long term conditions, hypertension review appointments, anticoagulant advice or advice on hormonal contraception.

How does this link with the STP?

Wellbeing Erewash is a major part of the Derbyshire Sustainability and Transformation Plan.

One of the key elements of the STP is place based care. This means services look after and focus on people in their community, rather than being offered in a way that suits organisations and revolves around buildings.

By tailoring services to people and communities patients get better, more targeted care and support. Wellbeing Erewash clearly supports this approach.

Keep in touch

We have a new website for the vanguard at wellbeingerewash.org.uk. Please visit and let us know of any useful documents or links we could add to support personal and community resilience, or to show examples of integrated care. We've just uploaded four self care videos fronted by local GPs - why not take a look?



You can also follow us on Twitter
@WellErewash