



Update

The latest news for our staff

Welcome

Wellbeing Erewash, the MCP 'vanguard' in Derbyshire, is a partnership between Erewash CCG, Derbyshire Community Health Services, Derbyshire Health United, Derbyshire Healthcare Foundation Trust and Erewash Health. We also work closely with the voluntary and social care sector.

Wellbeing Erewash is a new approach to health and social care. Our definition of wellbeing is feeling as well as you can be, physically and mentally, with the confidence and support you need to choose a healthy lifestyle and to get help when you need it. This monthly update aims to keep you in touch with developments and your organisation's involvement in them.

£2million Funding Confirmed

NHS England has announced over £2million of new funding to support and spread the work undertaken by Wellbeing Erewash.

In addition to the £2.1 million funding, Wellbeing Erewash will continue to receive support from NHS England and other national bodies to implement their plans and develop their workforce so that it is organised around patients and their local populations.

Dr Duncan Gooch, Clinical Support to Wellbeing Erewash, commented: "We are very pleased with the changes we have made to the care provided to people living in Erewash. We are involving residents more in the way services are provided, and trying different ways of providing care based on supporting local communities."



Designing the Future

On 11 January, an event was held to 'help design the future' of Wellbeing Erewash. Over 60 people attended the event from a wide range of organisations including Erewash CCG, Erewash CVS, Derbyshire County Council, Derbyshire Community Health Services (DCHS), Derbyshire HealthCare Trust, Derbyshire Health United and GP Practices.

An overview of the vision for Wellbeing Erewash was given by Jim Austin from DCHS who opened the event. Representatives from the Primary Care and Integrated Service and Personal and Community Resilience workstreams then provided an update on progress.

Attendees then worked together, focussing on the impact of the current services funded through Wellbeing Erewash. Comments included:

"We need to celebrate what we are doing",
 "It's exciting and proactive",
 "I have found out about services I didn't know existed",

"It's good to see it is really patient centred",
 "Care Co-ordinators are the font of knowledge and the key to the door".

Follow-up discussions focussed on what we need to 'start, stop and continue doing' within Erewash. Feedback from the group discussions included:

"We need to cascade the information better"
 "Ensure parity of access to out of hours services"
 "We need to stop duplication, and ensure tick boxes don't get in the way of patient care"
 "We need to stop working in silos based on 'funding pots' and address resistance to change".

Individuals were asked to reflect on the afternoon and identify personal actions to support Wellbeing Erewash.

Rakesh Marwaha, Chief Officer of the CCG and Dr Duncan Gooch, Clinical Support then closed the event by summarising the next steps for Wellbeing Erewash.

Overall, feedback from the event was extremely positive, with individuals pledging to cascade information to colleagues. All Partners of Wellbeing Erewash would like to thank those who participated in the event - "Together we can make a difference."



National Recognition

Wellbeing Erewash has attracted national attention for its innovative work to support more resilient and healthy communities.

Sara Bains, Personal and Community Resilience Lead for Wellbeing Erewash, was invited to a meeting with the Office for Civil Society. The Office is part of the Department for Culture, Media and Sport and supports the voluntary, community and social enterprise sectors.

Sara spoke about a number of Wellbeing Erewash projects, designed to support local communities and individuals including:

- Brilliant Erewash -Young People's Resilience programme with year 7s
- Women and Alcohol
- Move More Erewash - Increasing physical activity with the people of Erewash
- Strengthening the Voluntary Sector
- A Community Development Worker Network
- Timeswap Erewash.

Wellbeing Erewash has also produced a guide to personal and community resilience. It is aimed at other organisations who want a similar focus for their work with local communities and is being shared across the health and care system.

Sara commented, "It was a great experience to meet with other vanguards at the Office for Civil Society, and I also enjoyed putting together the guide to our resilience workstream. I hope it will be of use to others who want to take this sort of person and community centred approach."

The Guide was developed following Wellbeing Erewash being selected as one of 15 partnerships across the country who will receive intensive support to accelerate the involvement of people and communities in their health and wellbeing.

"Building healthy communities and supporting self-care are central to work of the new care models programme. We are excited to be working more closely with Wellbeing Erewash and watching them develop and build on their existing work that is putting people much more in control of their own health. As well as supporting them with their activities, the new care models programme will be helping them share their work more widely across the country to benefit more people and other health and care systems."

Samantha Jones
Director of the New Care Models Programme



In conversation with Don Berwick

On Wednesday 18th January a group of MCP Partners went to Leeds for a conversation with Professor Don Berwick and the New Care Models team.

It was a really positive morning – we got some great feedback from the colleagues that listened to the presentation from Duncan Gooch GP and Rakesh Marwaha, Erewash CCG.

There was an exercise where the tables fed back what they thought the Wellbeing Erewash model was and some of the comments included:

1. Patients and communities at heart - within homes, within communities. Wellbeing Erewash didn't talk about structures. No acute provider who is driving. Very primary care/community led Vanguard. Has an ethos about putting people first - and clarity around definition of Primary Care (not just GP). Came out strongly around how primary care supports peoples wellbeing. Everything done across the whole of place. Hearts rather than Minds approach.
2. Two parts - one about people with problems that need care in an integrated slick way and second, people that may end up in the cohort and build up their resilience to prevent them needing part 1.

3. Strong clinical model.
Personalisation. Strong voluntary/ community sector partnership.

Wellbeing Erewash's participation within the event was well received and subsequently lots of approaches have been made for more detail of what the vanguard is doing.

Find Out More

For more information on Wellbeing Erewash, please contact wellbeing.erewash@erewashccg.nhs.uk or visit www.wellbeingerewash.org.uk



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